

O2W TRAINING GUIDE



HAVE YOU JOINED VIDEOBIKER?

VideoBiker offers the UK's most comprehensive motorcycle training resources and has been designed to work alongside and enhance instructor-led professional motorcycle training. From Compulsory Basic Training (CBT) and Direct Access (DAS), all the way to introducing advanced riding skills, VideoBiker offers an immersive, point-of-view learning experience for all formal aspects of practical motorcycle training, along with further resources to boost practical skills and rider safety.

VideoBiker offers a modern, up-to-date, peer reviewed digital learning experience. It is available on any device and at any time – giving students the control and opportunity to conveniently revisit or prepare for virtually any aspect of their practical motorcycle training.

The outcome is more effective preparation, reduced novice rider stress, an enhanced training experience, upgraded hazard awareness, increased rider safety, the potential for better motorcycle test outcomes and a grounding in the importance of rider responsibility.

Stay safe and keep it on the black stuff.

Speed, sparks and knee down

Just as academic students often leave formal education to never read a book again – so new riders, on gaining their full motorcycle licence, will all too often make the mistake of not continuing to advanced levels of rider training.

At VideoBiker we strongly suggest that this is an error in judgement. In most cases, those who pass their motorcycle test will still be novice riders and at the very beginning of their motorcycle training journey. On every novice rider's wish-list should be a commitment to ongoing levels of advanced rider training.

Routes to advanced training

Following a period of post-test consolidation (where novice riders take to the road independently for the first time), there are several routes to advanced training. Most recommended is the DVSA Enhanced

Rider Scheme (ERS). In most cases ERS is facilitated by full-time motorcycle instructors. ERS offers bespoke advanced training, starting with an assessment ride and leading to the issue of a certificate of competence. ERS offers progressive advanced training for both novice and experienced riders – especially those who have taken a long break from riding a motorcycle.

Advanced motorcycle training courses are also offered by the Royal Society for the Prevention of Accidents (RoSPA) and the Institute of Advanced Motorists (IAM RoadSmart). Both organisations offer structured advanced rider training

courses that are facilitated by certified observers and qualified advanced riders. Both RoSPA and IAM RoadSmart will prepare students for their respective formal advanced riding tests. There is generally no pressure to reach a required standard within a fixed time frame and advanced tests are usually facilitated by graded police riders (former or serving).

Another excellent step towards improved rider safety is BikeSafe. This police-led initiative is aimed at improving riding skills and reducing casualties. Through workshops and observed rides, BikeSafe participants uncover their own riding weaknesses and receive valuable guidance on how to ride safely, plus advice on how to further develop their riding skills.

Advanced riding theory

With all advanced training, there is a requirement to learn advanced riding theory. VideoBiker can help. Either in basic audio form (free with every membership) or the more comprehensive academy format, the VideoBiker Advanced Academy has been designed to introduce the fundamental advanced riding skills – but a word of caution – that, as with all other VideoBiker Academies, adopting a DIY approach to advanced training is not advised. The Advanced Academy can be used as useful preparation for advanced training and alongside both practical and theory-based learning.



Mastery and respect for the road

Advanced rider training, especially when involving a formal test, can be challenging, daunting and sometimes overwhelming. For most participants, it is also thrilling, empowering and leads to greatly enhanced rider skill and safety. Take note that we are talking about rider safety and not excessive speed. These things are usually worlds apart. If speed, sparks and knee down is the motive, our suggestion would be track training and not advanced training. Advanced training is about mastery and respect of the road.

Simon Hayes
Motorcycle Instructor
VideoBiker.co.uk

